

**TECHNIQUE AND INSTRUMENTATION FOR  
INTERVERTEBRAL PROSTHESIS IMPLANTATION  
USING INDEPENDENT LANDMARKS**

**Abstract**

**[0053]** An assembly for preparing an intervertebral disc space between a first vertebra and a second vertebra to receive a prosthesis comprises a distractor having a first distraction arm and a second distraction arm. The assembly further includes a first anchoring device attached to both the first distraction arm and the first vertebra and a second anchoring device attached to both the second distraction arm and the second vertebra. In this assembly, the first anchoring device moves independently of the second anchoring device.

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